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ADDRESS

BY

SIR JOSEPH LISTER, BART., D.C.L., LL.D., P.R.S.,

PRESIDENT.

MY Lord Mayor, my Lords, Ladies, and Gentlemen, I have first to express my deep sense of gratitude for the great honour conferred upon me by my election to the high office which I occupy to-day. It came upon me as a great surprise. The engrossing claims of surgery have prevented me for many years from attending the meetings of the Association, which excludes from her sections medicine in all its branches. This severance of the art of healing from the work of the Association was right and indeed inevitable. Not that medicine has little in common with science. The surgeon never performs an operation without the aid of anatomy and physiology; and in what is often the most difficult part of his duty, the selection of the right course to follow, he, like the physician, is guided by pathology, the science of the nature of disease, which, though very difficult from the complexity of its subject matter, has made during the last half-century astonishing progress; so that the practice of medicine in every department is becoming more and more based on science as distinguished from empiricism. I propose on the present occasion to bring before you some illustrations of the interdependence of science and the healing art; and the first that I will take is perhaps the most astonishing of all results of purely physical inquiry—the discovery of the Röntgen rays, so called after the man who first clearly revealed them to the world. Mysterious as they still are, there is one of their properties which we can all appreciate—their power of passing through substances opaque to ordinary light. There seems to be no relation whatever between transparency in the common sense of

the term and penetrability to these emanations. The glasses of a pair of spectacles may arrest them while their wooden and leathern case allows them to pass almost unchecked. Yet they produce, whether directly or indirectly, the same effects as light upon a photographic plate. As a general rule the denser any object is the greater obstacle does it oppose to the rays. Hence, as bone is denser than flesh, if the hand or other part of the body is placed above the sensitive film enclosed in a case of wood or other light material at a suitable distance from the source of the rays, while they pass with the utmost facility through the uncovered parts of the lid of the box and powerfully affect the plate beneath, they are arrested to a large extent by the bones, so that the plate is little acted upon in the parts opposite to them, while the portions corresponding to the muscles and other soft parts are influenced in an intermediate degree. Thus a picture is obtained in which the bones stand out in sharp relief among the flesh, and anything abnormal in their shape or position is clearly displayed.

I need hardly point out what important aid this must give to the surgeon. As an instance, I may mention a case which occurred in the practice of Mr. Howard Marsh. He was called to see a severe injury of the elbow, in which the swelling was so great as to make it impossible for him by ordinary means of examination to decide whether he had to deal with a fracture or a dislocation. If it were the latter, a cure would be effected by the exercise of violence which would be not only useless but most injurious if a bone was broken. By the aid of the Röntgen rays a photograph was taken in which the bone of the upper arm was clearly seen displaced forwards on those of the forearm. The diagnosis being thus established, Mr. Marsh proceeded to reduce the dislocation; and his success was proved by another photograph which showed the bones in their natural relative position.

The common metals, such as lead, iron, and copper, being still denser than the osseous structures, these rays can show a bullet embedded in a bone or a needle lodged about a joint. At the last conversazione of the Royal Society a picture produced by the new photography displayed with perfect distinctness through the bony framework of the chest a halfpenny low down in a boy's gullet. It had been there for six months, causing uneasiness at the pit of the stomach during swallowing; but whether the coin really remained impacted, or if so, what was its position, was entirely uncertain till the Röntgen rays revealed it. Dr. Macintyre of Glasgow, who was the photographer, informs me that when the presence of the halfpenny had been thus demonstrated, the surgeon in charge of the case made an attempt to extract it, and although this was not successful in its immediate object, it had the effect of dislodging the coin; for a subsequent photograph by Dr. Macintyre not only showed that it had disappeared from the gullet, but also, thanks to the wonderful penetrating power which the rays had acquired in his hands, proved that it had not

lodged further down in the alimentary passage. The boy has since completely recovered.

The Röntgen rays cause certain chemical compounds to fluoresce, and emit a faint light plainly visible in the dark ; and if they are made to fall upon a translucent screen impregnated with such a salt, it becomes beautifully illuminated. If a part of the human body is interposed between the screen and the source of the rays, the bones and other structures are thrown in shadow upon it, and thus a diagnosis can be made without the delay involved in taking a photograph. It was in fact in this way that Dr. Macintyre first detected the coin in the boy's gullet. Mr. Herbert Jackson, of King's College, London, early distinguished himself in this branch of the subject. There is no reason to suppose that the limits of the capabilities of the rays in this way have yet been reached. By virtue of the greater density of the heart than the adjacent lungs with their contained air, the form and dimensions of that organ in the living body may be displayed on the fluorescent screen, and even its movements have been lately seen by several different observers.

Such important applications of the new rays to medical practice have strongly attracted the interest of the public to them, and I venture to think that they have even served to stimulate the investigations of physicists. The eminent Professor of Physics in the University College of this city (Professor Lodge) was one of the first to make such practical applications, and I was able to show to the Royal Society at a very early period a photograph, which he had the kindness to send me, of a bullet embedded in the hand. His interest in the medical aspect of the subject remains unabated, and at the same time he has been one of the most distinguished investigators of its purely physical side.

There is another way in which the Röntgen rays connect themselves with physiology, and may possibly influence medicine. It is found that if the skin is long exposed to their action it becomes very much irritated, affected with a sort of aggravated sun-burning. This suggests the idea that the transmission of the rays through the human body may be not altogether a matter of indifference to internal organs, but may, by long-continued action, produce, according to the condition of the part concerned, injurious irritation or salutary stimulation.

This is the jubilee of Anæsthesia in surgery. That priceless blessing to mankind came from America. It had, indeed, been foreshadowed in the first year of this century by Sir Humphry Davy, who, having found a toothache from which he was suffering relieved as he inhaled laughing gas (nitrous oxide), threw out the suggestion that it might perhaps be used for preventing pain in surgical operations. But it was not till, on September 30, 1846, Dr. W. T. G. Morton, of Boston, after a series of experiments upon himself and the lower animals, extracted a tooth painlessly from a patient whom he had caused to inhale the vapour of sulphuric ether, that the idea was fully realised. He soon afterwards publicly

exhibited his method at the Massachusetts General Hospital, and after that event the great discovery spread rapidly over the civilised world. I witnessed the first operation in England under ether. It was performed by Robert Liston in University College Hospital, and it was a complete success. Soon afterwards I saw the same great surgeon amputate the thigh as painlessly, with less complicated anæsthetic apparatus, by aid of another agent, chloroform, which was being powerfully advocated as a substitute for ether by Dr. (afterwards Sir James Y.) Simpson, who also had the great merit of showing that confinements could be conducted painlessly, yet safely, under its influence. These two agents still hold the field as general anæsthetics for protracted operations, although the gas originally suggested by Davy, in consequence of its rapid action and other advantages, has taken their place in short operations, such as tooth extraction. In the birthplace of anæsthesia ether has always maintained its ground; but in Europe it was to a large extent displaced by chloroform till recently, when many have returned to ether, under the idea that, though less convenient, it is safer. For my own part, I believe that chloroform, if carefully administered on right principles, is, on the average, the safer agent of the two.

The discovery of anæsthesia inaugurated a new era in surgery. Not only was the pain of operations abolished, but the serious and sometimes mortal shock which they occasioned to the system was averted, while the patient was saved the terrible ordeal of preparing to endure them. At the same time the field of surgery became widely extended, since many procedures in themselves desirable, but before impossible from the protracted agony they would occasion, became matters of routine practice. Nor have I by any means exhausted the list of the benefits conferred by this discovery.

Anæsthesia in surgery has been from first to last a gift of science. Nitrous oxide, sulphuric ether, and chloroform are all artificial products of chemistry, their employment as anæsthetics was the result of scientific investigation, and their administration, far from being, like the giving of a dose of medicine, a matter of rule of thumb, imperatively demands the vigilant exercise of physiological and pathological knowledge.

While rendering such signal service to surgery, anæsthetics have thrown light upon biology generally. It has been found that they exert their soporific influence not only upon vertebrata, but upon animals so remote in structure from man as bees and other insects. Even the functions of vegetables are suspended by their agency. They thus afford strong confirmation of the great generalisation that living matter is of the same essential nature wherever it is met with on this planet, whether in the animal or vegetable kingdom. Anæsthetics have also, in ways to which I need not here refer, powerfully promoted the progress of physiology and pathology.

My next illustration may be taken from the work of Pasteur on fer-

mentation. The prevailing opinion regarding this class of phenomena when they first engaged his attention was that they were occasioned primarily by the oxygen of the air acting upon unstable animal or vegetable products, which, breaking up under its influence, communicated disturbance to other organic materials in their vicinity, and thus led to their decomposition. Cagniard-Latour had indeed shown several years before that yeast consists essentially of the cells of a microscopic fungus which grows as the sweetwort ferments ; and he had attributed the breaking up of the sugar into alcohol and carbonic acid to the growth of the micro-organism. In Germany Schwann, who independently discovered the yeast plant, had published very striking experiments in support of analogous ideas regarding the putrefaction of meat. Such views had also found other advocates, but they had become utterly discredited, largely through the great authority of Liebig, who bitterly opposed them.

Pasteur, having been appointed as a young man Dean of the Faculty of Sciences in the University of Lille, a town where the products of alcoholic fermentation were staple articles of manufacture, determined to study that process thoroughly ; and as a result he became firmly convinced of the correctness of Cagniard-Latour's views regarding it. In the case of other fermentations, however, nothing fairly comparable to the formation of yeast had till then been observed. This was now done by Pasteur for that fermentation in which sugar is resolved into lactic acid. This lactic fermentation was at that time brought about by adding some animal substance, such as fibrin, to a solution of sugar, together with chalk that should combine with the acid as it was formed. Pasteur saw, what had never before been noticed, that a fine grey deposit was formed, differing little in appearance from the decomposing fibrin, but steadily increasing as the fermentation proceeded. Struck by the analogy presented by the increasing deposit to the growth of yeast in sweetwort, he examined it with the microscope, and found it to consist of minute particles of uniform size. Pasteur was not a biologist, but although these particles were of extreme minuteness in comparison with the constituents of the yeast plant, he felt convinced that they were of an analogous nature, the cells of a tiny microscopic fungus. This he regarded as the essential ferment, the fibrin or other so-called ferment serving, as he believed, merely the purpose of supplying to the growing plant certain chemical ingredients not contained in the sugar but essential to its nutrition. And the correctness of this view he confirmed in a very striking manner, by doing away with the fibrin or other animal material altogether, and substituting for it mineral salts containing the requisite chemical elements. A trace of the grey deposit being applied to a solution of sugar containing these salts in addition to the chalk, a brisker lactic fermentation ensued than could be procured in the ordinary way.

I have referred to this research in some detail because it illustrates

Pasteur's acuteness as an observer and his ingenuity in experiment, as well as his almost intuitive perception of truth.

A series of other beautiful investigations followed, clearly proving that all true fermentations, including putrefaction, are caused by the growth of micro-organisms.

It was natural that Pasteur should desire to know how the microbes which he showed to be the essential causes of the various fermentations took their origin. It was at that period a prevalent notion, even among many eminent naturalists, that such humble and minute beings originated *de novo* in decomposing organic substances; the doctrine of spontaneous generation, which had been chased successively from various positions which it once occupied among creatures visible to the naked eye, having taken its last refuge where the objects of study were of such minuteness that their habits and history were correspondingly difficult to trace. Here again Pasteur at once saw, as if by instinct, on which side the truth lay; and, perceiving its immense importance, he threw himself with ardour into its demonstration. I may describe briefly one class of experiments which he performed with this object. He charged a series of narrow-necked glass flasks with a decoction of yeast, a liquid peculiarly liable to alteration on exposure to the air. Having boiled the liquid in each flask, to kill any living germs it might contain, he sealed its neck with a blow-pipe during ebullition; after which, the flask being allowed to cool, the steam within it condensed, leaving a vacuum above the liquid. If, then, the neck of the flask were broken in any locality, the air at that particular place would rush in to fill the vacuum, carrying with it any living microbes that might be floating in it. The neck of the flask having been again sealed, any germs so introduced would in due time manifest their presence by developing in the clear liquid. When any of such a series of flasks were opened and re-sealed in an inhabited room, or under the trees of a forest, multitudes of minute living forms made their appearance in them; but if this was done in a cellar long unused, where the suspended organisms, like other dust, might be expected to have all fallen to the ground, the decoction remained perfectly clear and unaltered. The oxygen and other gaseous constituents of the atmosphere were thus shown to be of themselves incapable of inducing any organic development in yeast-water.

Such is a sample of the many well-devised experiments by which he carried to most minds the conviction that, as he expressed it, '*la génération spontanée est une chimère,*' and that the humblest and minutest living organisms can only originate by parentage from beings like themselves.

Pasteur pointed out the enormous importance of these humble organisms in the economy of nature. It is by their agency that the dead bodies of plants and animals are resolved into simpler compounds fitted for assimilation by new living forms. Without their aid the world would be, as Pasteur expresses it, *encombré de cadavres*. They are essential not only to our well-being, but to our very existence. Similar microbes must

have discharged the same necessary function of removing refuse and providing food for successive generations of plants and animals during the past periods of the world's history ; and it is interesting to think that organisms as simple as can well be conceived to have existed when life first appeared upon our globe have, in all probability, propagated the same lowly but most useful offspring during the ages of geological time.

Pasteur's labours on fermentation have had a very important influence upon surgery. I have been often asked to speak on my share in this matter before a public audience ; but I have hitherto refused to do so, partly because the details are so entirely technical, but chiefly because I have felt an invincible repugnance to what might seem to savour of self-advertisement. The latter objection now no longer exists, since advancing years have indicated that it is right for me to leave to younger men the practice of my dearly loved profession. And it will perhaps be expected that, if I can make myself intelligible, I should say something upon the subject on the present occasion.

Nothing was formerly more striking in surgical experience than the difference in the behaviour of injuries according to whether the skin was implicated or not. Thus, if the bones of the leg were broken and the skin remained intact, the surgeon applied the necessary apparatus without any other anxiety than that of maintaining a good position of the fragments, although the internal injury to bones and soft parts might be very severe. If, on the other hand, a wound of the skin was present communicating with the broken bones, although the damage might be in other respects comparatively slight, the compound fracture, as it was termed, was one of the most dangerous accidents that could happen. Mr. Syme, who was, I believe, the safest surgeon of his time, once told me that he was inclined to think that it would be, on the whole, better if all compound fractures of the leg were subjected to amputation, without any attempt to save the limb. What was the cause of this astonishing difference ? It was clearly in some way due to the exposure of the injured parts to the external world. One obvious effect of such exposure was indicated by the odour of the discharge, which showed that the blood in the wound had undergone putrefactive change by which the bland nutrient liquid had been converted into highly irritating and poisonous substances. I have seen a man with compound fracture of the leg die within two days of the accident, as plainly poisoned by the products of putrefaction as if he had taken a fatal dose of some potent toxic drug.

An external wound of the soft parts might be healed in one of two ways. If its surfaces were clean cut and could be brought into accurate apposition, it might unite rapidly and painlessly 'by the first intention.' This, however, was exceptional. Too often the surgeon's efforts to obtain primary union were frustrated : the wound inflamed and the retentive stitches had to be removed, allowing it to gape ; and then, as if it had been left open from the first, healing had to be effected in the other way

which it is necessary for me briefly to describe. An exposed raw surface became covered in the first instance with a layer of clotted blood or certain of its constituents, which invariably putrefied ; and the irritation of the sensitive tissues by the putrid products appeared to me to account sufficiently for the inflammation which always occurred in and around an open wound during the three or four days which elapsed before what were termed 'granulations' had been produced. These constituted a coarsely granular coating of very imperfect or embryonic structure, destitute of sensory nerves and prone to throw off matter or pus, rather than absorb, as freshly divided tissues do, the products of putrefaction. The granulations thus formed a beautiful living plaster, which protected the sensitive parts beneath from irritation, and the system generally from poisoning and consequent febrile disturbance. The granulations had other useful properties of which I may mention their tendency to shrink as they grew, thus gradually reducing the dimensions of the sore. Meanwhile, another cause of its diminution was in operation. The cells of the epidermis or scarf-skin of the cutaneous margins were perpetually producing a crop of young cells of similar nature, which gradually spread over the granulations till they covered them entirely, and a complete cicatrix or scar was the result. Such was the other mode of healing, that by granulation and cicatrisation ; a process which, when it proceeded unchecked to its completion, commanded our profound admiration. It was, however, essentially tedious compared with primary union, while, as we have seen, it was always preceded by more or less inflammation and fever, sometimes very serious in their effects. It was also liable to unforeseen interruptions. The sore might become larger instead of smaller, cicatrisation giving place to ulceration in one of its various forms, or even to the frightful destruction of tissue which, from the circumstance that it was most frequently met with in hospitals, was termed hospital gangrene. Other serious and often fatal complications might arise, which the surgeon could only regard as untoward accidents and over which he had no efficient control.

It will be readily understood from the above description that the inflammation which so often frustrated the surgeon's endeavours after primary union was in my opinion essentially due to decomposition of blood within the wound.

These and many other considerations had long impressed me with the greatness of the evil of putrefaction in surgery. I had done my best to mitigate it by scrupulous ordinary cleanliness and the use of various deodorant lotions. But to prevent it altogether appeared hopeless while we believed with Liebig that its primary cause was the atmospheric oxygen which, in accordance with the researches of Graham, could not fail to be perpetually diffused through the porous dressings which were used to absorb the blood discharged from the wound. But when Pasteur had shown that putrefaction was a fermentation caused by the growth of microbes, and that these could not arise *de novo* in the

decomposable substance, the problem assumed a more hopeful aspect. If the wound could be treated with some substance which, without doing too serious mischief to the human tissues, would kill the microbes already contained in it and prevent the future access of others in the living state, putrefaction might be prevented, however freely the air with its oxygen might enter. I had heard of carbolic acid as having a remarkable deodorising effect upon sewage, and having obtained from my colleague Dr. Anderson, Professor of Chemistry in the University of Glasgow, a sample which he had of this product, then little more than a chemical curiosity in Scotland, I determined to try it in compound fractures. Applying it undiluted to the wound, with an arrangement for its occasional renewal, I had the joy of seeing these formidable injuries follow the same safe and tranquil course as simple fractures, in which the skin remains unbroken.

At the same time we had the intense interest of observing in open wounds what had previously been hidden from human view, the manner in which subcutaneous injuries are repaired. Of special interest was the process by which portions of tissue killed by the violence of the accident were disposed of, as contrasted with what had till then been invariably witnessed. Dead parts had been always seen to be gradually separated from the living by an inflammatory process and thrown off as sloughs. But when protected by the antiseptic dressing from becoming putrid and therefore irritating, a structure deprived of its life caused no disturbance in its vicinity ; and, on the contrary, being of a nutritious nature, it served as pabulum for the growing elements of the neighbouring living structures, and these became in due time entirely substituted for it. Even dead bone was seen to be thus replaced by living osseous tissue.

This suggested the idea of using threads of dead animal tissue for tying blood-vessels ; and this was realised by means of catgut, which is made from the intestine of the sheep. If deprived of living microbes, and otherwise properly prepared, catgut answers its purpose completely ; the knot holding securely, while the ligature around the vessel becomes gradually absorbed and replaced by a ring of living tissue. The threads, instead of being left long as before, could now be cut short, and the tedious process of separation of the ligature, with its attendant serious danger of bleeding, was avoided.

Undiluted carbolic acid is a powerful caustic ; and although it might be employed in compound fracture, where some loss of tissue was of little moment in comparison with the tremendous danger to be averted, it was altogether unsuitable for wounds made by the surgeon. It soon appeared, however, that the acid would answer the purpose aimed at, though used in diluted forms devoid of caustic action, and therefore applicable to operative surgery. According to our then existing knowledge, two essential points had to be aimed at : to conduct the operation so that on its completion the wound should contain no living microbes, and to apply a

dressing capable of preventing the access of other living organisms till the time should have arrived for changing it.

Carbolic acid lent itself well to both these objects. Our experience with this agent brought out what was, I believe, a new principle in pharmacology—namely, that the energy of action of any substance upon the human tissues depends not only upon the proportion in which it is contained in the material used as a vehicle for its administration, but also upon the degree of tenacity with which it is held by its solvent. Water dissolves carbolic acid sparingly and holds it extremely lightly, leaving it free to act energetically on other things for which it has greater affinity, while various organic substances absorb it greedily and hold it tenaciously. Hence its watery solution seemed admirably suited for a detergent lotion to be used during the operation for destroying any microbes that might fall upon the wound, and for purifying the surrounding skin and also the surgeon's hands and instruments. For the last-named purpose it had the further advantage that it did not act on steel.

For an external dressing the watery solution was not adapted, as it soon lost the acid it contained, and was irritating while it lasted. For this purpose some organic substances were found to answer well. Large proportions of the acid could be blended with them in so bland a form as to be unirritating; and such mixtures, while perpetually giving off enough of the volatile salt to prevent organic development in the discharges that flowed past them, served as a reliable store of the antiseptic for days together.

The appliances which I first used for carrying out the antiseptic principle were both rude and needlessly complicated. The years that have since passed have witnessed great improvements in both respects. Of the various materials which have been employed by myself and others, and their modes of application, I need say nothing except to express my belief, as a matter of long experience, that carbolic acid, by virtue of its powerful affinity for the epidermis and oily matters associated with it, and also its great penetrating power, is still the best agent at our disposal for purifying the skin around the wound. But I must say a few words regarding a most important simplification of our procedure. Pasteur, as we have seen, had shown that the air of every inhabited room teems with microbes; and for a long time I employed various more or less elaborate precautions against the living atmospheric dust, not doubting that, as all wounds except the few which healed completely by the first intention underwent putrefactive fermentation, the blood must be a peculiarly favourable soil for the growth of putrefactive microbes. But I afterwards learnt that such was by no means the case. I had performed many experiments in confirmation of Pasteur's germ theory, not indeed in order to satisfy myself of its truth, but in the hope of convincing others. I had observed that uncontaminated milk, which would remain unaltered for an indefinite time if protected from dust,

was made to teem with microbes of different kinds by a very brief exposure to the atmosphere, and that the same effect was produced by the addition of a drop of ordinary water. But when I came to experiment with blood drawn with antiseptic precautions into sterilised vessels, I saw to my surprise that it might remain free from microbes in spite of similar access of air or treatment with water. I even found that if very putrid blood was largely diluted with sterilised water, so as to diffuse its microbes widely and wash them of their acrid products, a drop of such dilution added to pure blood might leave it unchanged for days at the temperature of the body, although a trace of the septic liquid undiluted caused intense putrefaction within twenty-four hours. Hence I was led to conclude that it was the grosser forms of septic mischief, rather than microbes in the attenuated condition in which they existed in the atmosphere, that we had to dread in surgical practice. And at the London Medical Congress in 1881, I hinted, when describing the experiments I have alluded to, that it might turn out possible to disregard altogether the atmospheric dust. But greatly as I should have rejoiced at such a simplification of our procedure, if justifiable, I did not then venture to test it in practice. I knew that with the safeguards which we then employed I could ensure the safety of my patients, and I did not dare to imperil it by relaxing them. There is one golden rule for all experiments upon our fellow-men. Let the thing tried be that which, according to our best judgment, is the most likely to promote the welfare of the patient. In other words, Do as you would be done by.

Nine years later, however, at the Berlin Congress in 1890, I was able to bring forward what was, I believe, absolute demonstration of the harmlessness of the atmospheric dust in surgical operations. This conclusion has been justified by subsequent experience : the irritation of the wound by antiseptic irrigation and washing may therefore now be avoided, and nature left quite undisturbed to carry out her best methods of repair, while the surgeon may conduct his operations as simply as in former days, provided always that, deeply impressed with the tremendous importance of his object, and inspiring the same conviction in all his assistants, he vigilantly maintains from first to last, with a care that, once learnt, becomes instinctive, but for the want of which nothing else can compensate, the use of the simple means which will suffice to exclude from the wound the coarser forms of septic impurity.

Even our earlier and ruder methods of carrying out the antiseptic principle soon produced a wonderful change in my surgical wards in the Glasgow Royal Infirmary, which, from being some of the most unhealthy in the kingdom, became, as I believe I may say without exaggeration, the healthiest in the world ; while other wards, separated from mine only by a passage a few feet broad, where former modes of treatment were for a while continued, retained their former insalubrity. This result, I need hardly remark, was not in any degree due to special skill on my part, but simply

to the strenuous endeavour to carry out strictly what seemed to me a principle of supreme importance.

Equally striking changes were afterwards witnessed in other institutions. Of these I may give one example. In the great Allgemeines Krankenhaus of Munich, hospital gangrene had become more and more rife from year to year, till at length the frightful condition was reached that 80 per cent. of all wounds became affected by it. It is only just to the memory of Professor von Nussbaum, then the head of that establishment, to say that he had done his utmost to check this frightful scourge; and that the evil was not caused by anything peculiar in his management was shown by the fact that in a private hospital under his care there was no unusual unhealthiness. The larger institution seemed to have become hopelessly infected, and the city authorities were contemplating its demolition and reconstruction. Under these circumstances, Professor von Nussbaum despatched his chief assistant, Dr. Lindpaintner, to Edinburgh, where I at that time occupied the chair of clinical surgery, to learn the details of the antiseptic system as we then practised it. He remained until he had entirely mastered them, and after his return all the cases were on a certain day dressed on our plan. From that day forward not a single case of hospital gangrene occurred in the Krankenhaus. The fearful disease pyæmia likewise disappeared, and erysipelas soon followed its example.

But it was by no means only in removing the unhealthiness of hospitals that the antiseptic system showed its benefits. Inflammation being suppressed, with attendant pain, fever, and wasting discharge, the sufferings of the patient were, of course, immensely lessened; rapid primary union being now the rule, convalescence was correspondingly curtailed; while as regards safety and the essential nature of the mode of repair, it became a matter of indifference whether the wound had clean-cut surfaces which could be closely approximated, or whether the injury inflicted had been such as to cause destruction of tissue. And operations which had been regarded from time immemorial as unjustifiable were adopted with complete safety.

It pleases me to think that there is an ever-increasing number of practitioners throughout the world to whom this will not appear the language of exaggeration. There are cases in which, from the situation of the part concerned or other unusual circumstances, it is impossible to carry out the antiseptic system completely. These, however, are quite exceptional; and even in them much has been done to mitigate the evil which cannot be altogether avoided.

I ask your indulgence if I have seemed to dwell too long upon matters in which I have been personally concerned. I now gladly return to the labours of others.

The striking results of the application of the germ theory to Surgery acted as a powerful stimulus to the investigation of the nature of the

micro-organisms concerned ; and it soon appeared that putrefaction was by no means the only evil of microbic origin to which wounds were liable. I had myself very early noticed that hospital gangrene was not necessarily attended by any unpleasant odour ; and I afterwards made a similar observation regarding the matter formed in a remarkable epidemic of erysipelas in Edinburgh obviously of infective character. I had also seen a careless dressing followed by the occurrence of suppuration without putrefaction. And as these non-putrefactive disorders had the same self-propagating property as ferments, and were suppressed by the same antiseptic agencies which were used for combating the putrefactive microbes, I did not doubt that they were of an analogous origin ; and I ventured to express the view that, just as the various fermentations had each its special microbe, so it might be with the various complications of wounds. This surmise was afterwards amply verified. Professor Ogston, of Aberdeen, was an early worker in this field, and showed that in acute abscesses, that is to say those which run a rapid course, the matter, although often quite free from unpleasant odour, invariably contains micro-organisms belonging to the group which, from the spherical form of their elements, are termed micrococci ; and these he classed as streptococci or staphylococci, according as they were arranged in chains or disposed in irregular clusters like bunches of grapes. The German pathologist, Fehleisen, followed with a beautiful research, by which he clearly proved that erysipelas is caused by a streptococcus. A host of earnest workers in different countries have cultivated the new science of Bacteriology, and, while opening up a wide fresh domain of Biology, have demonstrated in so many cases the causal relation between special micro-organisms and special diseases, not only in wounds but in the system generally, as to afford ample confirmation of the induction which had been made by Pasteur that all infective disorders are of microbic origin.

Not that we can look forward with anything like confidence to being able ever to see the *materies morbi* of every disease of this nature. One of the latest of such discoveries has been that by Pfeiffer of Berlin of the bacillus of influenza, perhaps the most minute of all micro-organisms ever yet detected. The bacillus of anthrax, the cause of a plague common among cattle in some parts of Europe, and often communicated to sorters of foreign wool in this country, is a giant as compared with this tiny being ; and supposing the microbe of any infectious fever to be as much smaller than the influenza bacillus as this is less than that of anthrax, a by no means unlikely hypothesis, it is probable that it would never be visible to man. The improvements of the microscope, based on the principle established by my father in the earlier part of the century, have apparently nearly reached the limits of what is possible. But that such parasites are really the causes of all this great class of diseases can no longer be doubted.

The first rational step towards the prevention or cure of disease is to

know its cause ; and it is impossible to over-estimate the practical value of researches such as those to which I am now referring. Among their many achievements is what may be fairly regarded as the most important discovery ever made in pathology, because it revealed the true nature of the disease which causes more sickness and death in the human race than any other. It was made by Robert Koch, who greatly distinguished himself, when a practitioner in an obscure town in Germany, by the remarkable combination of experimental acuteness and skill, chemical and optical knowledge and successful micro-photography which he brought to bear upon the illustration of infective diseases of wounds in the lower animals ; in recognition of which service the enlightened Prussian Government at once appointed him to an official position of great importance in Berlin. There he conducted various important researches ; and at the London Congress in 1881 he showed to us for the first time the bacillus of tubercle. Wonderful light was thrown by this discovery upon a great group of diseases which had before been rather guessed than known to be of an allied nature ; a precision and efficacy never before possible was introduced into their surgical treatment, while the physician became guided by new and sure light as regards their diagnosis and prevention.

At that same London Congress Koch demonstrated to us his 'plate culture' of bacteria, which was so important that I must devote a few words to its description. With a view to the successful study of the habits and effects of any particular microbe outside the living body, it is essential that it should be present unmixed in the medium in which it is cultivated. It can be readily understood how difficult it must have been to isolate any particular micro-organism when it existed mixed, as was often the case, with a multitude of other forms. In fact, the various ingenious attempts made to effect this object had often proved entire failures. Koch, however, by an ingenious procedure converted what had been before impossible into a matter of the utmost facility. In the broth or other nutrient liquid which was to serve as food for the growing microbe he dissolved, by aid of heat, just enough gelatine to ensure that, while it should become a solid mass when cold, it should remain fluid though reduced in temperature so much as to be incapable of killing living germs. To the medium thus partially cooled was added some liquid containing, among others, the microbe to be investigated ; and the mixture was thoroughly shaken so as to diffuse the bacteria and separate them from each other. Some of the liquid was then poured out in a thin layer upon a glass plate and allowed to cool so as to assume the solid form. The various microbes, fixed in the gelatine and so prevented from intermingling, proceeded to develop each its special progeny, which in course of time showed itself as an opaque speck in the transparent film. Any one of such specks could now be removed and transferred to another vessel in which the microbe composing it grew in perfect isolation.

Pasteur was present at this demonstration, and expressed his sense of

the great progress effected by the new method. It was soon introduced into his own institute and other laboratories throughout the world ; and it has immensely facilitated bacteriological study.

One fruit of it in Koch's own hands was the discovery of the microbe of cholera in India, whither he went to study the disease. This organism was termed by Koch from its curved form the 'comma bacillus,' and by the French the cholera vibrio. Great doubts were for a long time felt regarding this discovery. Several other kinds of bacteria were found of the same shape, some of them producing very similar appearances in culture media. But bacteriologists are now universally agreed that, although various other conditions are necessary to the production of an attack of cholera besides the mere presence of the vibrio, yet it is the essential *materies morbi* ; and it is by the aid of the diagnosis which its presence in any case of true cholera enables the bacteriologist to make, that threatened invasions of this awful disease have of late years been so successfully repelled from our shores. If bacteriology had done nothing more for us than this, it might well have earned our gratitude.

I have next to invite your attention to some earlier work of Pasteur. There is a disease known in France under the name of *choléra des poules*, which often produced great havoc among the poultry yards of Paris. It had been observed that the blood of birds that had died of this disease was peopled by a multitude of minute bacteria, not very dissimilar in form and size to the microbe of the lactic ferment to which I have before referred. And Pasteur found that, if this bacterium was cultivated outside the body for a protracted period under certain conditions, it underwent a remarkable diminution of its virulence ; so that, if inoculated into a healthy fowl, it no longer caused the death of the bird, as it would have done in its original condition, but produced a milder form of the disease which was not fatal. And this altered character of the microbe, caused by certain conditions, was found to persist in successive generations cultivated in the ordinary way. Thus was discovered the great fact of what Pasteur termed the *atténuation des virus*, which at once gave the clue to understanding what had before been quite mysterious, the difference in virulence of the same disease in different epidemics.

But he made the further very important observation that a bird which had gone through the mild form of the complaint had acquired immunity against it in its most virulent condition. Pasteur afterwards succeeded in obtaining mitigated varieties of microbes for some other diseases ; and he applied with great success the principle which he had discovered in fowl-cholera for protecting the larger domestic animals against the plague of anthrax. The preparations used for such preventive inoculations he termed 'vaccins' in honour of our great countryman, Edward Jenner. For Pasteur at once saw the analogy between the immunity to fowl-cholera produced by its attenuated virus and the protection afforded against small-pox by vaccination. And while pathologists still hesitated,

he had no doubt of the correctness of Jenner's expression *variola vaccinae*, or small-pox in the cow.

It is just a hundred years since Jenner made the crucial experiment of inoculating with small-pox a boy whom he had previously vaccinated, the result being, as he anticipated, that the boy was quite unaffected. It may be remarked that this was a perfectly legitimate experiment, involving no danger to the subject of it. Inoculation was at that time the established practice ; and if vaccination should prove nugatory, the inoculation would be only what would have been otherwise called for ; while it would be perfectly harmless if the hoped-for effect of vaccination had been produced.

We are a practical people, not much addicted to personal commemorations : although our nation did indeed celebrate with fitting splendour the jubilee of the reign of our beloved Queen ; and at the invitation of Glasgow the scientific world has lately marked in a manner, though different, as imposing, the jubilee of the life-work of a sovereign in science (Lord Kelvin). But while we cannot be astonished that the centenary of Jenner's immortal discovery should have failed to receive general recognition in this country, it is melancholy to think that this year should, in his native county, have been distinguished by a terrible illustration of the results which would sooner or later inevitably follow the general neglect of his prescriptions.

I have no desire to speak severely of the Gloucester Guardians. They are not sanitary authorities, and had not the technical knowledge necessary to enable them to judge between the teachings of true science and the declamations of misguided, though well-meaning, enthusiasts. They did what they believed to be right ; and when roused to a sense of the greatness of their mistake, they did their very best to repair it, so that their city is said to be now the best vaccinated in Her Majesty's dominions. But though by their praiseworthy exertions they succeeded in promptly checking the raging epidemic, they cannot recall the dead to life, or restore beauty to marred features, or sight to blinded eyes. Would that the entire country and our Legislature might take duly to heart this object-lesson !

How completely the medical profession were convinced of the efficacy of vaccination in the early part of this century was strikingly illustrated by an account given by Professor Crookshank, in his interesting history of this subject, of several eminent medical men in Edinburgh meeting to see the to them unprecedented fact of a vaccinated person having taken small-pox. It has, of course, since become well known that the milder form of the disease, as modified by passing through the cow, confers a less permanent protection than the original human disorder. This it was, of course, impossible for Jenner to foresee. It is, indeed, a question of degree, since a second attack of ordinary small-pox is occasionally known to occur, and vaccination, long after it has ceased to give perfect immunity, greatly modifies the character of the disorder and diminishes its

danger. And, happily, in re-vaccination after a certain number of years we have the means of making Jenner's work complete. I understand that the majority of the Commissioners, who have recently issued their report upon this subject, while recognising the value and importance of re-vaccination, are so impressed with the difficulties that would attend making it compulsory by legislation that they do not recommend that course; although it is advocated by two of their number who are of peculiarly high authority on such a question. I was lately told by a Berlin professor that no serious difficulty is experienced in carrying out the compulsory law that prevails in Germany. The masters of the schools are directed to ascertain in the case of every child attaining the age of twelve whether re-vaccination has been practised. If not, and the parents refuse to have it done, they are fined one mark. If this does not prove effectual, the fine is doubled: and if even the double penalty should not prove efficacious, a second doubling of it would follow, but, as my informant remarked, it is very seldom that it is called for. The result is that small-pox is a matter of extreme rarity in that country; while it is absolutely unknown in the huge German army, in consequence of the rule that every soldier is re-vaccinated on entering the service. Whatever view our Legislature may take on this question, one thing seems to me clear: that it will be the duty of Government to encourage by every available means the use of calf lymph, so as to exclude the possibility of the communication of any human disease to the child, and to institute such efficient inspection of vaccination institutes as shall ensure careful antiseptic arrangements, and so prevent contamination by extraneous microbes. If this were done, 'conscientious objections' would cease to have any rational basis. At the same time, the administration of the regulations on vaccination should be transferred (as advised by the Commissioners) to competent sanitary authorities.

But to return to Pasteur. In 1880 he entered upon the study of that terrible but then most obscure disease, Hydrophobia or Rabies, which from its infective character he was sure must be of microbic origin, although no micro-organism could be detected in it. He early demonstrated the new pathological fact that the virus had its essential seat in the nervous system. This proved the key to his success in this subject. One result that flowed from it has been the cause of unspeakable consolation to many. The foolish practice is still too prevalent of killing the dog that has bitten any one, on the absurd notion that, if it were mad, its destruction would prevent the occurrence of Hydrophobia in the person bitten. The idea of the bare possibility of the animal having been so affected causes an agony of suspense during the long weeks or months of possible incubation of the disease. Very serious nervous symptoms aping true Hydrophobia have been known to result from the terror thus inspired. Pasteur showed that if a little of the brain or spinal cord of a dog that had been really mad was inoculated in an appropriate manner into a rabbit, it

infallibly caused rabies in that animal in a few days. If therefore such an experiment was made with a negative result, the conclusion might be drawn with certainty that the dog had been healthy. It is perhaps right that I should say that the inoculation is painlessly done under an anæsthetic, and that in the rabbit rabies does not assume the violent form that it does in the dog, but produces gradual loss of power with little if any suffering.

This is the more satisfactory because rabbits in which the disease has been thus artificially induced are employed in carrying out what was Pasteur's greatest triumph, the preventive treatment of Hydrophobia in the human subject. We have seen that Pasteur discovered that microbes might under some circumstances undergo mitigation of their virulence. He afterwards found that under different conditions they might have it exalted, or, as he expressed it, there might be a *renforcement du virus*. Such proved to be the case with rabies in the rabbit; so that the spinal cords of animals which had died of it contained the poison in a highly intensified condition. But he also found that if such a highly virulent cord was suspended under strict antiseptic precautions in a dry atmosphere at a certain temperature, it gradually from day to day lost in potency, till in course of time it became absolutely inert. If now an emulsion of such a harmless cord was introduced under the skin of an animal, as in the subcutaneous administration of morphia, it might be followed without harm another day by a similar dose of a cord still rather poisonous; and so from day to day stronger and stronger injections might be used, the system becoming gradually accustomed to the poison, till a degree of virulence had been reached far exceeding that of the bite of a mad dog. When this had been attained, the animal proved incapable of taking the disease in the ordinary way; and more than that, if such treatment was adopted after an animal had already received the poison, provided that too long a time had not elapsed, the outbreak of the disease was prevented. It was only after great searching of heart that Pasteur, after consultation with some trusted medical friends, ventured upon trying this practice upon man. It has since been extensively adopted in various parts of the world with increasing success as the details of the method were improved. It is not of course the case that every one bitten by a really rabid animal takes the disease; but the percentage of those who do so, which was formerly large, has been reduced almost to zero by this treatment, if not too long delayed.

While the intensity of rabies in the rabbit is undoubtedly due to a peculiarly virulent form of the microbe concerned, we cannot suppose that the daily diminishing potency of the cord suspended in dry warm air is an instance of attenuation of virus, using the term 'virus' as synonymous with the microbe concerned. In other words, we have no reason to believe that the special micro-organism of hydrophobia continues to develop in the dead cord and produce successively a milder and milder

progeny, since rabies cannot be cultivated in the nervous system of a dead animal. We must rather conclude that there must be some chemical poison present which gradually loses its potency as time passes. And this leads me to refer to another most important branch of this large subject of bacteriology, that of the poisonous products of microbes.

It was shown several years ago by Roux and Yersin, working in the *Institut Pasteur*, that the crust or false membrane which forms upon the throats of patients affected with diphtheria contains bacteria which can be cultivated outside the body in a nutrient liquid, with the result that it acquires poisonous qualities of astonishing intensity, comparable to that of the secretion of the poison-glands of the most venomous serpents. And they also ascertained that the liquid retained this property after the microbes had been removed from it by filtration, which proved that the poison must be a chemical substance in solution, as distinguished from the living element which had produced it. These poisonous products of bacteria, or toxins as they have been termed, explain the deadly effects of some microbes, which it would otherwise be impossible to understand. Thus, in diphtheria itself the special bacillus which was shown by Löffler to be its cause, does not become propagated in the blood, like the microbe of chicken cholera, but remains confined to the surface on which it first appeared : but the toxin which it secretes is absorbed from that surface into the blood, and so poisons the system. Similar observations have been made with regard to the microbes of some other diseases, as, for example, the bacillus of tetanus or lockjaw. This remains localised in the wound, but forms a special toxin of extreme potency, which becomes absorbed and diffused through the body.

Wonderful as it seems, each poisonous microbe appears to form its own peculiar toxin. Koch's tuberculin was of this nature, a product of the growth of the tubercle bacillus in culture media. Here, again, great effects were produced by extremely minute quantities of the substance, but here a new peculiarity showed itself, viz. that patients affected with tubercular disease, in any of its varied forms, exhibited inflammation in the affected part and general fever after receiving under the skin an amount of the material which had no effect whatever upon healthy persons. I witnessed in Berlin some instances of these effects, which were simply astounding. Patients affected with a peculiar form of obstinate ulcer of the face showed, after a single injection of the tuberculin, violent inflammatory redness and swelling of the sore and surrounding skin ; and, what was equally surprising, when this disturbance subsided the disease was found to have undergone great improvement. By repetitions of such procedures, ulcers which had previously been steadily advancing, in spite of ordinary treatment, became greatly reduced in size, and in some instances apparently cured. Such results led Koch to believe that he had obtained an effectual means of dealing with tubercular disease in all its forms. Unhappily, the apparent cure proved to be only of

transient duration, and the high hopes which had been inspired by Koch's great reputation were dashed. It is but fair to say that he was strongly urged to publish before he was himself disposed to do so, and we cannot but regret that he yielded to the pressure put upon him.

But though Koch's sanguine anticipations were not realised, it would be a great mistake to suppose that his labours with tuberculin have been fruitless. Cattle are liable to tubercle, and, when affected with it, may become a very serious source of infection for human beings, more especially when the disease affects the udders of cows, and so contaminates the milk. By virtue of the close affinity that prevails between the lower animals and ourselves, in disease as well as in health, tuberculin produces fever in tubercular cows in doses which do not affect healthy beasts. Thus, by the subcutaneous use of a little of the fluid, tubercle latent in internal organs of an apparently healthy cow can be with certainty revealed, and the slaughter of the animal after this discovery protects man from infection.

It has been ascertained that glanders presents a precise analogy with tubercle as regards the effects of its toxic products. If the microbe which has been found to be the cause of this disease is cultivated in appropriate media, it produces a poison which has received the name of mallein, and the subcutaneous injection of a suitable dose of this fluid into a glandered horse causes striking febrile symptoms which do not occur in a healthy animal. Glanders, like tubercle, may exist in insidious latent forms which there was formerly no means of detecting, but which are at once disclosed by this means. If a glandered horse has been accidentally introduced into a large stable, this method of diagnosis surely tells if it has infected others. All receive a little mallein. Those which become affected with fever are slaughtered, and thus not only is the disease prevented from spreading to other horses, but the grooms are protected from a mortal disorder.

This valuable resource sprang from Koch's work on tuberculin, which has also indirectly done good in other ways. His distinguished pupil, Behring, has expressly attributed to those researches the inspiration of the work which led him and his since famous collaborateur, the Japanese Kitasato, to their surprising discovery of anti-toxic serum. They found that if an animal of a species liable to diphtheria or tetanus received a quantity of the respective toxin, so small as to be harmless, and afterwards, at suitable intervals, successively stronger and stronger doses, the creature, in course of time, acquired such a tolerance for the poison as to be able to receive with impunity a quantity very much greater than would at the outset have proved fatal. So far, we have nothing more than seems to correspond with the effects of the increasingly potent cords in Pasteur's treatment of rabies. But what was entirely new in their results was that, if blood was drawn from an animal which had acquired this high degree of artificial immunity, and some of the clear fluid or serum which exuded from it after it had clotted was introduced under the

skin of another animal, this second animal acquired a strong, though more transient, immunity against the particular toxin concerned. The serum in some way counteracted the toxin or was antitoxic. But, more than that, if some of the antitoxic serum was applied to an animal after it had already received a poisonous dose of the toxin, it preserved the life of the creature, provided that too long a time had not elapsed after the poison was introduced. In other words, the antitoxin proved to be not only preventive but curative.

Similar results were afterwards obtained by Ehrlich, of Berlin, with some poisons not of bacterial origin, but derived from the vegetable kingdom; and quite recently the independent labours of Calmette of Lille and Fraser of Edinburgh have shown that antidotes of wonderful efficacy against the venom of serpents may be procured on the same principle. Calmette has obtained antitoxin so powerful that a quantity of it only a 200,000th part of the weight of an animal will protect it perfectly against a dose of the secretion of the poison-glands of the most venomous serpents known to exist, which without such protection would have proved fatal in four hours. For curative purposes larger quantities of the remedy are required, but cases have been already published by Calmette in which death appears to have been averted in the human subject by this treatment.

Behring's darling object was to discover means of curing tetanus and diphtheria in man. In tetanus the conditions are not favourable; because the specific bacilli lurk in the depths of the wound, and only declare their presence by symptoms caused by their toxin having been already in a greater or less amount diffused through the system; and in every case of this disease there must be a fear that the antidote may be applied too late to be useful. But in diphtheria the bacilli very early manifest their presence by the false membrane which they cause upon the throat, so that the antitoxin has a fair chance; and here we are justified in saying that Behring's object has been attained.

The problem, however, was by no means so simple as in the case of some mere chemical poison. However effectual the antitoxin might be against the toxin, if it left the bacilli intact, not only would repeated injections be required to maintain the transient immunity to the poison perpetually secreted by the microbes, but the bacilli might by their growth and extension cause obstruction of the respiratory passages.

Roux, however, whose name must always be mentioned with honour in relation to this subject, effectually disposed of this difficulty. He showed by experiments on animals that a diphtheritic false membrane, rapidly extending and accompanied by surrounding inflammation, was brought to a stand by the use of the antitoxin, and soon dropped off, leaving a healthy surface. Whatever be the explanation, the fact was thus established that the antitoxic serum, while it renders the toxin harmless, causes the microbe to languish and disappear.

No theoretical objection could now be urged against the treatment;

and it has during the last two years been extensively tested in practice in various parts of the world, and it has gradually made its way more and more into the confidence of the profession. One important piece of evidence in its favour in this country is derived from the report of the six large hospitals under the management of the London Asylums Board. The medical officers of these hospitals at first naturally regarded the practice with scepticism : but as it appeared to be at least harmless, they gave it a trial ; and during the year 1895 it was very generally employed upon the 2,182 cases admitted ; and they have all become convinced of its great value. In the nature of things, if the theory of the treatment is correct, the best results must be obtained when the patients are admitted at an early stage of the attack, before there has been time for much poisoning of the system : and accordingly we learn from the report that, comparing 1895 with 1894, during which latter year the ordinary treatment had been used, the percentage of mortality, in all the six hospitals combined, among the patients admitted on the first day of the disease, which in 1894 was 22·5, was only 4·6 in 1895 ; while for those admitted on the second day the numbers are 27 for 1894 and 14·8 for 1895. Thus for cases admitted on the first day the mortality was only one-fifth of what it was in the previous year, and for those entering on the second it was halved. Unfortunately in the low parts of London which furnish most of these patients the parents too often delay sending in the children till much later : so that on the average no less than 67·5 per cent. were admitted on the fourth day of the disease or later. Hence the aggregate statistics of all cases are not nearly so striking. Nevertheless, taking it altogether, the mortality in 1895 was less than had ever before been experienced in those hospitals. I should add that there was no reason to think that the disease was of a milder type than usual in 1895 ; and no change whatever was made in the treatment except as regards the antitoxic injections.

There is one piece of evidence recorded in the report which, though it is not concerned with high numbers, is well worthy of notice. It relates to a special institution to which convalescents from scarlet fever are sent from all the six hospitals. Such patients occasionally contract diphtheria, and when they do so the added disease has generally proved extremely fatal. In the five years preceding the introduction of the treatment with antitoxin the mortality from this cause had never been less than 50 per cent., and averaged on the whole 61·9 per cent. During 1895, under antitoxin, the deaths among the 119 patients of this class were only 7·5 per cent., or one-eighth of what had been previously experienced. This very striking result seems to be naturally explained by the fact that these patients being already in hospital when the diphtheria appeared, an unusually early opportunity was afforded for dealing with it.

There are certain cases of so malignant a character from the first that no treatment will probably ever be able to cope with them. But taking

all cases together it seems probable that Behring's hope that the mortality may be reduced to 5 per cent. will be fully realised when the public become alive to the paramount importance of having the treatment commenced at the outset of the disease.

There are many able workers in the field of Bacteriology whose names time does not permit me to mention, and to whose important labours I cannot refer ; and even those researches of which I have spoken have been, of course, most inadequately dealt with. I feel this especially with regard to Pasteur, whose work shines out more brightly the more his writings are perused.

I have lastly to bring before you a subject which, though not bacteriological, has intimate relations with bacteria. If a drop of blood is drawn from the finger by a prick with a needle and examined microscopically between two plates of glass, there are seen in it minute solid elements of two kinds, the one pale orange bi-concave discs, which, seen in mass, give the red colour to the vital fluid, the other more or less granular spherical masses of the soft material called protoplasm; destitute of colour, and therefore called the colourless or white corpuscles. It has been long known that if the microscope was placed at such a distance from a fire as to have the temperature of the human body, the white corpuscles might be seen to put out and retract little processes or pseudopodia, and by their means crawl over the surface of the glass, just like the extremely low forms of animal life termed, from this faculty of changing their form, *amoebæ*. It was a somewhat weird spectacle, that of seeing what had just before been constituents of our own blood moving about like independent creatures. Yet there was nothing in this inconsistent with what we knew of the fixed components of the animal frame. For example, the surface of a frog's tongue is covered with a layer of cells, each of which is provided with two or more lashing filaments or cilia, and those of all the cells acting in concert cause a constant flow of fluid in a definite direction over the organ. If we gently scrape the surface of the animal's tongue, we can detach some of these ciliated cells ; and on examining them with the microscope in a drop of water, we find that they will continue for an indefinite time their lashing movements, which are just as much living or vital in their character as the writhings of a worm. And, as I observed many years ago, these detached cells behave under the influence of a stimulus just like parts connected with the body, the movements of the cilia being excited to greater activity by gentle stimulation, and thrown into a state of temporary inactivity when the irritation was more severe. Thus each constituent element of our bodies may be regarded as in one sense an independent living being, though all work together in marvellous harmony for the good of the body politic. The independent movements of the white corpuscles outside the body were therefore not astonishing : but they long remained matters of mere curiosity. Much interest was called to them by the observation of the German pathologist Cohnheim that in some

inflammatory conditions they passed through the pores in the walls of the finest blood-vessels, and thus escaped into the interstices of the surrounding tissues. Cohnheim attributed their transit to the pressure of the blood. But why it was that, though larger than the red corpuscles, and containing a nucleus which the red ones have not, they alone passed through the pores of the vessels, or why it was that this emigration of the white corpuscles occurred abundantly in some inflammations and was absent in others, was quite unexplained.

These white corpuscles, however, have been invested with extraordinary new interest by the researches of the Russian naturalist and pathologist, Metchnikoff. He observed that, after passing through the walls of the vessels, they not only crawl about like *amœbæ*, but, like them, receive nutritious materials into their soft bodies and digest them. It is thus that the effete materials of a tadpole's tail are got rid of ; so that they play a most important part in the function of absorption.

But still more interesting observations followed. He found that a microscopic crustacean, a kind of water-flea, was liable to be infested by a fungus which had exceedingly sharp-pointed spores. These were apt to penetrate the coats of the creature's intestine, and project into its body-cavity. No sooner did this occur with any spore than it became surrounded by a group of the cells which are contained in the cavity of the body and correspond to the white corpuscles of our blood. These proceeded to attempt to devour the spore ; and if they succeeded, in every such case the animal was saved from the invasion of the parasite. But if the spores were more than could be disposed of by the devouring cells (phagocytes, as Metchnikoff termed them), the water-flea succumbed.

Starting from this fundamental observation, he ascertained that the microbes of infective diseases are subject to this same process of devouring and digestion, carried on both by the white corpuscles and by cells that line the blood-vessels. And by a long series of most beautiful researches he has, as it appears to me, firmly established the great truth that phagocytosis is the main defensive means possessed by the living body against the invasions of its microscopic foci. The power of the system to produce antitoxic substances to counteract the poisons of microbes is undoubtedly in its own place of great importance. But in the large class of cases in which animals are naturally refractory to particular infective diseases the blood is not found to yield any antitoxic element by which the natural immunity can be accounted for. Here phagocytosis seems to be the sole defensive agency. And even in cases in which the serum does possess antitoxic, or, as it would seem in some cases, germicidal properties, the bodies of the dead microbes must at last be got rid of by phagocytosis, and some recent observations would seem to indicate that the useful elements of the serum may be, in part at least, derived from the digestive juices of the phagocytes. If ever there was a romantic chapter in pathology, it has surely been that of the story of phagocytosis.

I was myself peculiarly interested by these observations of Metchnikoff's, because they seemed to me to afford clear explanation of the healing of wounds by first intention under circumstances before incomprehensible. This primary union was sometimes seen to take place in wounds treated with water-dressing, that is to say, a piece of wet lint covered with a layer of oiled-silk to keep it moist. This, though cleanly when applied, was invariably putrid within twenty-four hours. The layer of blood between the cut surfaces was thus exposed at the outlet of the wound to a most potent septic focus. How was it prevented from putrefying, as it would have done under such influence if, instead of being between divided living tissues, it had been between plates of glass or other indifferent material? Pasteur's observations pushed the question a step further. It now was, How were the bacteria of putrefaction kept from propagating in the decomposable film? Metchnikoff's phagocytosis supplied the answer. The blood between the lips of the wound became rapidly peopled with phagocytes, which kept guard against the putrefactive microbes and seized them as they endeavoured to enter.

If phagocytosis was ever able to cope with septic microbes in so concentrated and intense a form, it could hardly fail to deal effectually with them in the very mitigated condition in which they are present in the air. We are thus strongly confirmed in our conclusion that the atmospheric dust may safely be disregarded in our operations: and Metchnikoff's researches, while they have illumined the whole pathology of infective diseases, have beautifully completed the theory of antiseptic treatment in surgery.

I might have taken equally striking illustrations of my theme from other departments in which microbes play no part. In fact any attempt to speak of all that the art of healing has borrowed from science and contributed to it during the past half-century would involve a very extensive dissertation on pathology and therapeutics. I have culled specimens from a wide field; and I only hope that in bringing them before you I have not overstepped the bounds of what is fitting before a mixed company. For many of you my remarks can have had little if any novelty: for others they may perhaps possess some interest as showing that Medicine is no unworthy ally of the British Association—that, while her practice is ever more and more based on science, the ceaseless efforts of her votaries to improve what have been fittingly designated *Quæ prorsunt omnibus artes*, are ever adding largely to the sum of abstract knowledge.





